



DISCOVERY AND THE GOLDEN PEAK OF IMPROVEMENT

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ABSTRACT

The almighty gives everyman some special power which is called talent. But a few men can establish because a few men get favorable atmosphere. Yet, I believe that without favorable atmosphere, we can go forward and can convert impossible into possible with our indomitable willing, unconquerable courage, holy hope, self-confidence and through striving again and again. Therefore our first work is to perceive ourselves. Secondly, we have to decide our aim. Thirdly, we must be self-confident. Fourthly, we have to become like ourselves. Fifthly, we have to learn from futility. Sixthly, we must take education from criticism. Seventhly, we have to retain our individuality and we shall not ignore anyone. Eighthly, we must satisfy our condition. Ninthly we have to reform our society and we have to become dutiful to our environment. Tenthly, we have to judge everything with sense.

Key words: Special power, Perceive, favorable atmosphere, indomitable willing, discover, aim, dream, plan, self-confident, strive, criticism, judge, satisfy, sense, development.

Allah, God or Bhagawan whom we call in any name, gives everyman some special power to create something special i.e. I want to say that everyman has special power to produce something special. The god-gifted power is called 'talent' that differs variously. Someone can sing well, someone can paint well, some are good orator and some are good poet. Through this article, I want to convey that without favorable atmosphere, we can go forward and can convert impossible into possible with our indomitable willing. Naturally, a question comes in our mind that if everyman has some special power, why a few men can establish themselves as a successful one. However, if we perceive and analysis deeply, we can see that previously mentioned statement is true. In rural areas, we usually see that some illiterate persons are really the good storyteller who can tell the story

based on their imaginative power. If the man would get the higher education and a proper environment, he could be a literary person. On the other hand, the thief and the engineer do not have any difference, when they are successful. The main reason of all these is lack of favorable atmosphere. But a man, breaking the dyke of hostility, can go ahead with his indomitable will force, unconquerable courage, holy hope, durable faith, self confidence and through striving again and again without conductive environment.

Therefore, our first work is to perceive ourselves, discover ourselves. Marcus Aurelius said in his book on Meditations, "Our life is what our thoughts make it". We must think the right. The honest and right thought will guide us in a right way. We have to think, to know what we have in ourselves and what we can do and with this

cognition, through volition and hard work, we have to go ahead. We need to remember that a man can never be become tired by physical labor, he becomes tired mentally. When we lose interest to our work and we become irritated, we become tired. As for example- when we watch television, we do not sleep. However, when we read books, we go to sleep reading. The main reason of this is interest .We get more interest to watch TV than to read books. Therefore, if we try to get interest in every work, we will not be tired and we will perform the work well. A psychologist says that work never brings tiredness. Tiredness comes for the work which you cannot perform in time or keep in abeyance (store).The famous psychiatrist, J. A. Hadfield says in his book 'The Psychology of Power': "The greater part of the fatigue from which we suffer is of mental origin; in fact exhaustion of purely physical origin is rare." So I think that we should achieve the works with time in accordance with the importance of works. In Quran, we get that "the Almighty created man into hardship" (90:4).I.e. Allah says that he has made man a hard worker. In Qur'an, it is mentioned that "No labor will be wasted [29:58], "of course right work will be well awarded", [6:161], and (12:56), "laziness will not gain anything."(94:7). In a nutshell, we can say that we have to work regularly and to keep patience.

Secondly, we must decide our aim in which for reaching, we need to dream and plan by which we have to work regularly. H. W. Longfellow said in his poem "The Psalm of Life," "those who spend their lives aimlessly already die." Hazrat Usman Gani said, "Decide your life's purpose and aim. Then input your whole energy to acquire that. Of course you will be successful." We have to make hard labor to reach our goals.

Human instincts – thought, imagination, will, perception etc are the elements of invisible minds. These elements depend on mind. We must lead these elements to a right way and when we will be able to do so, obviously our mind i.e. we will be beautiful and great as mind's beauty is a real beauty. Hazrat Muhammad (PBUH) said, "Every object has beauty and mind's beauty is to worship Allah." So we should pray for Almighty to beautify our minds. Dr. Carrel said, "Prayer is the most powerful form of

energy one can generate". Therefore, let us pray for Almighty.

If a man spends his life lazily and neglect in spite of perceiving his power, in my opinion it is a sin as Almighty gives him the special power to serve society, race, country but he floats in blind followers instead of achieving that. "A good deed, said the prophet Mohammad, is one that brings a smile of joy to the face of another." He also said, "Allah will not be merciful to those who are not merciful to mankind." Swami Vivekananda said, "service to man is service to God".

Mohammed Nurul Islam said, in the chapter 'the manifestation of mind' in his book Science or Quran – "In spite of invisible, mind's influence is stronger than body. Scientist, non-scientist, god believer, atheist all must admit this speech. Because of its elevating and changing, one is wise and another is foolish, one is mad and other is saint, one is poet and other is philosopher, one is peaceful and other is rough.

Mind is not static. Defeating the speed of rocket, mind can climb high and higher. It can come down from low to low that there is no distance of delicate di-electronics. It goes up to the subterranean region in a second to infinite sky." Therefore, we see that mind is a root of all things. The speediest thing of the world is mind. This mind is in heaven in a moment and in a moment in this earth, in netherworld. What a strange mind! Therefore, if we want to do something good we have to purify our mind and soul. We must make our mind great. And therefore a concept is prevailed in English, "great minds discuss ideas, average minds discuss events, small minds discuss people, and very small minds discuss themselves". Our motto ought to be simple living, high thinking. We have to communicate with our minds if we want to make self-perception, to think honestly and to discover ourselves. Prophet Muhammad [PBUH] said, "An hour of honest thought is better than one year's worship\prayer." Milton Said, "The mind is in its own place, and it itself can make a heaven of hell, a hell of heaven." The living examples of Milton's speeches are Napoleon and Helen killer who proved Milton's reality. We will have to become self-critics,

self-analysts, self-conscious and when we will be able to do so, we will be able to awake our personality. Herbert Casson said that personality is such a seal of which impression affects other man. F. Scott Fitzgerald said, "Personality is an unbroken series of successful gestures."

There are some people who could achieve the ultimate success and even live throughout the human history, belonged to a very simple background. Without higher education of foreign and big research centre, Radha Govinda Chandra proved that an international research is possible remained in this country with his interest to know, his great sincerity, assiduity, indomitable volition. He observed more than 49,700 variable stars and became one of the first international members of America Association of variable star observers. He failed to pass secondary School certificate three times subsequently. Stalin who sewed shoes to earn his living became overall of Russia. Benito Mussolini's father was a blacksmith; as a young boy, Mussolini would spend some time help his father in his smithy. He became head of the department of Italy. Adolf Hitler worked as a casual laborer and watercolor painter. He became chancellor and leader of Germany later. At the age of 14, Faraday worked as an apprentice to George Riebau, a local bookbinder and bookseller in Blandford Street. Although Faraday received little formal education, he was one of the most influential scientists in history. He discovered the principles underlying electromagnetic induction, diamagnetism and electrolysis. Thomas Alva Edison who was a newspaper seller became a great scientist for discovering of gramophone, cinema, motion picture camera, light bulb etc. He got one thousand ninety three US patents. He built a research centre at the age of ten years old. I am also giving some recent examples- Dr.R. Amed who was a hotel boy and servant in his early life, became a famous dentist and the agriculture minister of West Bengal. Masudur Rahaman Baidya a double amputee below the knee who won the English Chanel, today found a devotee in none other than Indian sporting icon cricket legend Sachin Tendulkar. Masudur Rahaman Baidya was the world's first physically handicapped swimmer to swim across the strait of Gibraltar. He

stood fifth in an eighty-one kilometer long swimming competition organized in the district of Murshidabad. In 1997, he became the first physically handicapped Asian swimmer to successfully cross the English Channel. Kazi Nazrul Islam, Ishwar Chandra Vidyasagar and many others are memorable.

What about the last legend of the modern world! Stephen Hawking, who is one of the greatest physicist, cosmologists and authors in the world, proved how to make the impossible possible. He died on 14/3/2018. This day became memorable in the world of physics because Albert Einstein was born on the 14th march, 1879. The sparkling example of undefeating is Stephen Hawking. He was born on 08/01/1942 and on 8 January, Galileo died.

The world knows him sitting on the wheel chair on the condition of slanted neck. He was like an inanimate object but his eyes, his brain would speak through computer speech synthesizer. Stephen Hawking is a name of wonder. He was affected by the rare disease amyotrophic lateral sclerosis of motor neuron in 1942. The doctors told him that he might live only for two years. However, proving wrong he lived more than 56 years, defeated death. He discovered some theories such as Big Bang Theory, Quantum theory. When he published 'Hawking Radiation' in 1974, the world could know the brain extension of a paralysis man like inert object. Then in 1988, he published his famous book "A brief history of time-from Big Bang to Black Hole" which was instantly sold one corer copy. He is the most famous and popular scientist after Albert Einstein.

Thirdly, we have to become self- confident. Emerson said, "Self- trust is the essence of heroism". He also said in his essay on "Self-Reliance": There is a time in every man's education when he arrives at the conviction that envy is ignorance; that imitation is suicide; that he must take himself for better, for worse, as his portion; that though the wide universe is full of good, no kernel of nourishing corn can come to him but through his toil bestowed on that plot of ground which is given to him to till. The power which resides in him is new in nature, and none but he knows what that is which he can do,

nor does he know until he has tried." Logan Pearsall Smith said, "There are two things to aim at in life: first, to get what you want; and, after that, to enjoy it. Only the wisest of mankind achieve the second." Sigmund Freud said that everything you and I do springs from two motives: the sex urge and the desire to be great. John Dewey said, "The deepest urge in human nature is the desire to be important". Everyone wants praise, which depends on finest work and success. Therefore, we have to work perfectly if we want to have praise. We have to make hard work. We should not waste a minute. A speech is prevailed that time and tides wait for none. We have many works but time short i.e. life is short. Therefore, if we want this short life to make great, we have to work in accordance with a plan with time. Each moment is valuable. Those who became famous or great men do not waste their time. The day we started with the sunrise, we must use the same day well. William Oslar said, "The best preparation for tomorrow is to do today's work superbly well". Hazrat Abu Bakker said, which day has been gone away and on that day you could not make any good work, you should cry for the lost day." Hazrat Omar Faruk said, "Do not store today's work for tomorrow in neglect." Hazrat Mohammad(s) said, "Whose two days are equal (I.e. the second day is not better than the first day) he is affected." We have to keep in mind that killing time is not just a crime, it's murder. So do not waste time.

Fourthly, we have to become like ourselves. We should not imitate others. Imitating others, many persons waste their creativity. There are seven hundred corers people in this earth. But everyone is different from each other. Everyone has own selfness, own style, own talent. Dale Carnegie` said, "You are something new in this world. Never before, since the beginning of time, has there ever been anybody exactly like you; and never again throughout all the ages to come will there ever be anybody exactly like you again." Everyone is a new comer. We are the valuable creation. We are the creation of $23+23=46$ chromosomes of our parents. These 46 chromosomes indicate us that we are different from each other. Everyone has different sounds, different structure, and different looks. If we take fingerprints and sounds, we shall see that

fingerprint and sounds do not match with each other among seven corers people. If Sachin Tendulkar's father said to Sachin, "You become a singer" and Lata Mongesgar's father said to her, "You become cricketer", they have not put contribution in cricket and music. They cannot become famous. Therefore, I think that we should portray our good features. We have to become new because everyone has newness. So I think that everyone should awake his slept talent, selfness and keep contribution to our society, our world without imitating others. William James said that the average person can open 10% of his mental power i.e. what he can do are not variously done. Yet we have to awake our sleeping mental power. "Compared to what we ought to be," William James said, "we are only half awake. We are making use of only a small part of our physical and mental resources. Stating the thing broadly, human individuals thus far live within their limits. They possess powers of various sorts which they habitually fail to use." There are D.N.A and R.N.A in chromosome. D.N.A carries genetically heredity features from generation to generation. So D.N.A is called gene. There are thousands of genes in a man and a gene can change a man's life span, behavior, and attitude. So we have to think honestly and we have to lead our instincts to right way. In cinema world, the superstars and famous actors such as Sharukh, Salman, Amir, Nawazuddin, Irfan, Tom Cruj, Jacky Chan, Uttam Kumar, Prosenjit and many others have their own selfness, own style and own personality which have charmed the spectators. Sir Walter Raleigh said, "I can't write a book commensurate with Shakespeare, but I can write a book by me."

Fifthly, if we fail, we have to accept learning from futility. In spite of failure, we should not break in to sorrow. We have to go ahead. Most of the people break down mentally if they fail. But we need to remember that those who establish also have not succeeded at the first day. A quotation is prevailed in English that failure is the pillar of success i.e. to fail means to go to success. So forgetting failure, we shall move ahead. In the poem, Ring out, wild bells, Alfred Tennyson said, "Bid farewell to all that is old and welcome all that is

new. He also said, "Ring out the grief, sorrow, failure, falsehood and ring in the happiness, success, true. We have to remember that past is past. A man gets sorrow when he thinks past and future. But past and future do not exist. We have to think of our present day. We have to turn the present day in to work full day to make a bright future. Thomas Carlyle said, "Our main business is not to see what lies dimly at a distance, but to do what lies clearly at hand." Schopenhauer said, "We seldom think of what we have but always of what we lack." Therefore, I say about my a few friends who have not get 50% in graduation. So they are very sorry. They think that they cannot give S.S.C exam. But, if they think of others exam like W.B.C.S, Combined, rail etc, they will not get sorrow. We have what are valuable. We have to apply these in our lives. A concept is prevailed, "To err is human, to forgive is divine." When we work, we make mistakes. When we commit mistakes, we learn the right. We need to remember that we should keep patience at the time of danger. In Qur'an Allah says, "Those who are perplexed while in danger are failure."(70:20). Hazrat Mohammed (pubh) said, "In Allah's welfare, he is in danger". He also said, "No one can be tolerant without danger and no one can be wise without vast experience." Hazrat Ali said, "smiling face is the biggest virtue: to be perplexed is the biggest danger." Therefore, we have to stay firm at the time of danger.

A man becomes failure in two ways- psychologically and technically. So, at first, we have to take mental preparation. Then we have to plan technically how to achieve easily, finely and perfectly so that we may perform the best. We must think and perform excellent. In the Qur'an, Allah says, "These race for the good things and they shall win them in the race." In the movie, Three Idiots, Chanchor (Amir Khan) Says, "One should try to achieve excellence, success will be at feet"

Sixthly: - We must take education from criticism. We need to remember that our critics are real friends of ours. If they do not criticize, we cannot learn the right. I say story of an emperor named Nijamul Mulk. Sometimes a beggar came to him when the beggar came, he requested him to sit on the throne and he sat on the floor near the

beggar. All the courtiers asked why emperor requested him to sit on the throne. The emperor said, "All right, I am going to answer. This is such a man who shows my fault and you only praise of me. As a result, I cannot realize my fault. So I love this man the most and requested him to sit on my throne." Therefore, we understand that our critics should be our favorite friends. Besides, if anyone criticizes us, we have to think that we have improved. Therefore, he /she is criticizing. Dale Carnegie said, "No one ever kicks a dead dog."

Seventhly: - We should not ignore anyone and lose our individuality. We must not disregard anyone because everyone has value. We should not mock anyone. In Qur'an, Allah Says, "Oye who believe! Let not a folk deride a folk who may be better than they (are), let women (deride) women who may be better than they are; neither defame one another, nor insult one another by nicknames. Bad is the name of lewdness after faith: And whose turneth not repentance, such are evil doers." Everyone and everything on this earth are needed. In the poem, 'Fable,' giving the example of quarrelling between a squirrel and a mountain, Emerson describes it. I say a story. One day all animals in a forest met. The fox said, "The forest has too many trees. We cannot move about freely. All the animals agreed with the fox. So they prayed to God not to have the trees. God said, "Alright, they would not be there. They became very happy. Soon some hunter came and killed some animals. The animals said, we cannot hide anywhere and we do not get food. They prayed to God, "We are very sorry, please return the trees." God did so. The next day, the trees said to God, 'These animals in the forest are a big nuisance. They eat our leaves and fruits. Can we not get them? God said, "Alright they would not be there. The forest becomes animal less. Soon, some woodcutters came and cut down many trees. The remaining trees were very sad. So they prayed to God, we are sorry. Can we get then back please? Then God said, I know that you need the animals and animals need you. That's why I have created both.

Emerson said, "Every man I meet is my superior in some way. In that, I learn of him." We have to mix with the rich and the poor alike. We

should not hate anyone and brag. We have to become conscious so that we have no self-conceited. Prophet Hazrat Mohammed (PBUH) said, "Pride is such a sin which waste the acquired virtue of seventy years." He also said, "Save from pride because pride is such a sin which has cursed the Satan forever."

Eighthly: - We have to satisfy of our condition and strive for development through proper planning and hard labor. If we see the upper level, we feel sad. In the poem 'The Snail', William Cowper shows that to us describing the life of the snail. So satisfying with our own condition we must try to reach the high position like our upper class without tension, fatigue and envy. Jonathan Swift declared, "the best doctors in the world are Doctor Diet, Doctor Quiet and Doctor Merry man". If anyone gets the three doctors, according to me he is a happy man. If anyone gets food, home, dress, I think he should not complain anything. However, I say of a story named "Fanimonosha and Bonpari" (Cactus and Jungle Pori) written by Biru Chaterjee. Seeing other's leaves, Cactus became sorry because his leaves were thorny. So he requested Jungle fairy to turn it into golden leaves. Jungle fairy did so. A group of dacoits came and plundered the golden leaves. He cried and requested the Jungle fairy to change his leaves into glass. Jungle fairy did so. Storm blew and the glass leaves was broken into pieces. He felt very sad and requested her to convert his leaves to spinach leaves. Soon a goat came and ate all leaves. Then he was very sorry. He thought that his own form was right. So he requested her to make his own form. The Jungle fairy did so. Therefore, we come to know that our own condition, form is right. One side says that other side is good and other side says that opposite side is good.

Ninthly: - Developing ourselves, we must improve and reform our society as we are socially developed among all the creatures and society is the part of us. We are the parts of society. If we develop ourselves, society is developed and if society is developed, we shall become all developed. To be developed only ourselves means not develop perfectly until we will improve our society. So we have some duties to our society. We have to work

for our society. We have to serve our society. We should remove evils from our society. We must help each other. We have to advise the people honestly. In Qur'an, Allah says, "Lo! Man is in a state of loss, save those who believe and do good works, and exhorts one another to truth and exhort one another to endurance." (103:2, 3). William Wordsworth instructs us in the poem, 'Ode to Duty' about the value of duty or work. Society is formed by human and environment. Environment includes natural element as air, water, soil etc plants and other animals. Therefore, as a social animal we have two duties- to environment and to human.

Duties to Environment: - If we can implement the following ways, we shall have hygiene atmosphere, which helps to do manifestation of a person and wake creativity. There are sound body and sound mind in well environment. The ways are-

1. To prevent the wastewater,
2. To prevent deforestation and encourage to plant more trees,
3. To prevent the use plastic and other wasted materials,
4. To decrease the use of air pollutants, water pollutants, soil pollutants and sound pollutants,
5. To keep our houses and its surroundings clean and clear,
6. To keep garbage in dustbin or in the definite place and to arrange draining system and sows tanks,
7. To prevent killing wild animals,
8. To save animals from blacker and hunters,
9. To increase more biosphere reserve and conservation bio diversity,
10. Over all, to aware the people about these,

Duties to human:-

1. To protest against antisocialist.

2. To strive removing of drinking wine, gambling, drug, i.e. any kinds of social disease,
3. To respect the elders and to fondle the younger,
4. To respect woman and to protest any kind of harmful action against woman,
5. To save the dignity of woman,
6. To help everyone,
7. To advise honestly,
8. Above all we have to aware the antisocialists, gamblers, drunkards about the bad effect of these and to bring back them in the main stream of society.

Tenthly: - We have to judge everything with sense. Almighty gives sense, which separates us from other animals. This sense helps us to choose the right and save us from evils. We are the best creation of the world. But we become the worst due to our bad behavior and bad activities. In the Qur'an, Allah says, "Surely I created man of the best stature."(95:4), "Then (due to ingratitude/crime of evil-doing) I reduce him to the lowest of the low" (95:5), "Save those who believe and do good works, and theirs is a reward unfailing" (95:6). Therefore, we have to become human resources, not only human being. I hope that the reader i.e. we shall discover ourselves and improve our lives. We must do something for our country, for our nation and for our world. I am going to end this article to mention the poem of Douglas Malloch -

If you can't be a pine on the top of the hill,
Be a scrub in the valley- but be
The best little scrub by the side of the rill;
Be a bush, if you can't be a tree.
If you can't be bush be a bit of the grass,
And some high way happier make;
If you can't be a muskie, then just be a bass-
But the liveliest bass in the lake!
we can't all be captains, we've got to be crew,
There's something for all of us here.

There's big work to do, and there's lesser to do
And the task we must do is the near.
If you can't be a highway, then just be trail,
If you can't be the sun, be a star;
It isn't by size that you win or you fail-
Be the best of whatever you are!

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